

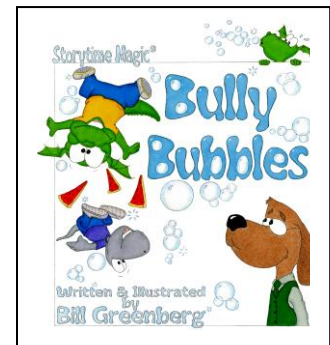
Activity 1



Bully Bubbles

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WOW! YEA! For our party we are having cheese-pepperoni-mustard-mayonnaise-ant-cockroach-squishy-caterpillar-pickle pizza! The classroom bully is trying to ruin Mr. Deejee's (d.o.g.'s) invisible party: shhlurrrrrp!
– But what can Iggy do to stop the bullying?



Draw a picture or write about someone being mean. What can you do if that happens to you? Look at the list of ideas at in the back of the Bully Bubbles book. Choose the ideas that might work to get a bully to leave you alone. These might include:

- * say nothing, or softly say “whatever”
- * stand tall (don't look down – this shows weakness)
- * look straight ahead, past the bully (at the bully's ear)
- * close your lips (don't smile)
- * fold your arms (shows strength)
- * walk away

Bullies want to make people mad. It's a game they play; and if they see you get mad or upset, they feel like they win the game.

Put a trash can in the middle of the room. Draw a picture or write about a time when you were bullied. Crumple up the paper – throw the bully paper in the trash can: *you throw that story away*. If you stay mad, the bully wins!